

Kristin Wenger, Dance Instructor

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Group Classes

Albemarle Co. Parks & Rec. Dept. (www.albemarle.org/parks/), Murray High School Gym,
1200 Forest Street, Charlottesville, \$42/County residents; \$63/non-County residents

Session C (6 Weeks)

Tuesdays, January 6th ~ February 10th, 2009

6-7 pm West Coast Swing - Level 1 WCS is the modern-day swing. Born in the 1940's from west coast lindy hop, it has evolved through the decades, influenced by changes in popular music and youth culture. Characterized by a great deal of individual interpretation & playfulness, using slow to medium tempo swing blues, classic or modern R&B, or country swing music. Often referred to as "the dancer's dance". Some experience with any other dance helpful but not required.

7-8 pm Night Club 2-Step - Level 2 For anyone who has taken a Beginner class or who is bored with their dancing and wants to take it to the next level.

8-9 pm West Coast Swing - Level 3 More moves and advanced technique. For anyone who has taken an Intermediate class or who is bored with their dancing and is ready to kick it up a notch!!

Session D (6 Weeks)

Tuesdays, February 24th ~ March 31st, 2009

6-7 pm East Coast Swing - Level 1 ECS is lively and quick-paced, enjoyed by dancers of all ages & abilities. Also known as *Jitterbug*, it is loved for its many spins & turns & moves with fun names like "the hurricane" & "the belly-slide." Music for ECS includes traditional 50's rock, jump blues, country, big-band swing, or contemporary pop. Great for newcomers to dancing.

7-8 pm West Coast Swing - Level 2 For anyone who has taken a Beginner class or who is bored with their dancing and is ready to kick it up a notch!!

8-9 pm West Coast Swing - Advanced More moves and advanced technique. For anyone who has taken an Intermediate class or who is bored with their dancing and is ready to kick it up a notch!!

Session E (6 Weeks)

Tuesdays, April 14th ~ May 19th, 2009

6-7 pm East Coast Swing - Level 2 For anyone who has taken a Beginner class or who is bored with their dancing and is ready to kick it up a notch!!

7-8 pm West Coast Swing ~ Switch Lead/Follow (back by popular demand!) Want to improve your West Coast Swing dance skills? Have you ever thought about teaching? Ladies, are you tired of sitting out at dances because there aren't enough men to go around? Then switch places with your partner! We will start over from the very beginning and teach women how to lead and men how to follow. Learning "how the other half works" will greatly improve your overall dance ability and expand your understanding of this complex and beautiful dance. Participants will dance with members of the opposite gender. (Remember: don't criticize someone until you've danced a mile in their moccasins!)

8-9 pm West Coast Swing - Advanced Brand new moves and advanced technique. For anyone who has taken an Intermediate class or who is bored with their dancing and is ready to kick it up a notch!!

Singles & Couples Welcome ~ Registration Form on Reverse Side

Come Practice With Us!!

Thursdays, 7:30 - 9 pm @ Murray High School Gym. CSDS's **FREE** practice session for East Coast Swing, West Coast Swing and other dance styles. No partner required, all levels welcome!!

Want More Information on Swing Dancing?

Check out the CSDS website at www.cvilleswingdance.com, your complete dance resource!

Albemarle County Parks & Recreation Registration Form Winter/Spring 2009

NEW Registration Information:

- Please plan to register for programs at least 5 days prior to the 1st class. There will be a minimum number of enrollment to hold each class. If the Parks & Recreation Department cancels a class you will receive a full refund.
- **Registration will only be taken at the Albemarle County Parks & Recreation Office by mail or in person. Please do not bring money to class.** Full payment for classes must be made at time of registration, checks and cash are accepted. Sorry we are not able to take credit cards.
- There will be no prorated fees if you register late for a class.
- No refunds after 2nd class of session. If there is a refund a \$5 administrative fee will be deducted.
- Class schedules subject to change or cancel due to insufficient participant levels or for unforeseen circumstances.
- If schools are closed early or all day due to weather, all departmental programs are canceled.
- No classes on school holidays, teacher work days, or any day the schools are closed to students.
- Baby-sitting is not provided; please do not bring children to class.

\$42 Albemarle Co. Residents
\$63 Non-County Residents

Make checks payable to:
Albemarle County

Mail registration form and payment to:
Albemarle County Parks and Recreation
401 McIntire Road
Charlottesville, VA 22902

Please mail Registration Form below and payment to Albemarle County Parks & Recreation

Questions call Albemarle County Parks and Recreation #434-296-5844

Parent's Name		Email		
Address		City	State	Zip Code
Home Phone	Work Phone	Mobile Phone		

Participants Name	Class Name	Class Location	Start Date	Start Time	Fee

Liability Release: Albemarle County Parks and Recreation
I, hereby for myself, my heirs, executors and administrators, waive and release any and all rights and claims or damages I may accrue against Albemarle County, its officers, agents or assigns for any and all injuries suffered by me at this event or while traveling to or from this event. I give Albemarle County permission to photograph or videotape the above named participant while participating in the recreation program. These pictures maybe used on Albemarle County's website, within other materials publicizing the recreation programs, or on television or in the newspaper. "Albemarle County does not discriminate on the basis of race, creed, sex, national origin, age, military service or disability. Reasonable accommodations will be provided to persons with disabilities, if requested"

Participant Signature (Parent if participant is under 18 years old)

Date

I would like to receive the Parks & Recreation newsletter by:

County E-Newsletter

Postal mail